

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
ADMASTON						
Flex & Flow Pilates	Admaston House Community Centre	TF5 0BN	Various	Various		https://www.flexandflowpilates.com/
Flex & Flow Back Care Pilates	Admaston House Community Centre	TF5 0BN	Thurs	5.00pm - 5.45pm		https://www.flexandflowpilates.com/
Flex & Flow Yoga	Admaston House Community Centre	TF5 0BN	Various	Various		https://www.flexandflowpilates.com/
Yoga - Intermediate	Admaston House Community Centre	TF5 0BN	Mon	7.00pm - 8.30pm	01952 245983	https://www.janetevansyoga.co.uk/
Wrekin & Telford Singers	Admaston House Community Centre	TF5 0BN	Fri	7:30pm	01952 411801	https://www.facebook.com/wrekinandtelfordsingers/
AQUEDUCT						
Aqueduct Local History Group						https://aqueductlocalhistory.wordpress.com/
ARLESTON						
Aerobics & Pilates	Arleston Community Centre	TF1 2AB	Tues	12.00pm	07545 904299	
BROOKSIDE						
Crafty Hugs Craft Group	Brookside Central Community Centre	TF3 1LP	Tues	12:30pm - 2:30pm	01952 382180	
Age UK Knit & Natter	Brookside Central Community Centre	TF3 1LP	Mon	10.30am - 12.30pm	01952 382180	
Yoga	Brookside Central Community Centre	TF3 1LP	Thurs	10.00am - 11.00am	01952 382180	
Function Skills English Course	Brookside Central Community Centre	TF3 1LP	Fri	9.30am - 12:00pm	01952 382180	
Function Skills Maths Course	Brookside Central Community Centre	TF3 1LP	Thurs	9.30am - 12:00pm	01952 382180	
Bingo	Brookside Central Community Centre	TF3 1LP	Mon & Fri	7.00pm - 9.00pm	01952 382180	
BROSELEY						
Tai Chi - Beginners	The Victoria Hall - Broseley	TF12 5ER	Weds	10:00am - 11:00am	01952 728422	Email
Tai Chi - Continuing	The Victoria Hall - Broseley	TF12 5ER	Weds	11:00am - 12:00pm	01952 728422	Email
Zumba	The Victoria Hall - Broseley	TF12 5ER	Mon	7:30pm - 8:30pm	01952 882036	
Broseley Local History Society						http://www.broseley.org.uk/
Broseley Bell Ringers	All Saints Church	TF12 5DA	Thurs	6:30pm - 8:00pm	01952 882920	
CHURCH & CHETWYND ASTON						
Line Dancing	Church & Chetwynd Aston Village Hall	TF10 9JG	Tues	5:30pm - 9:30pm	07951 833251	
Aerobics	Church & Chetwynd Aston Village Hall	TF10 9JG	Mon	10:00am - 12:00pm	07961 385754	
Tai Chi	Church & Chetwynd Aston Village Hall	TF10 9JG	Weds	10:00am - 12:00pm	07983 404245	
Yoga	Church & Chetwynd Aston Village Hall	TF10 9JG	Mon	7:00pm - 8:00pm	07590 437712	
Yoga	Church & Chetwynd Aston Village Hall	TF10 9JG	Fri	10:30am - 12:00pm	07590 437712	
Whist	Church & Chetwynd Aston Village Hall4r	TF10 9JG	Thurs	2:00pm - 4:00pm	01952 605747	
Tea Dance	Church & Chetwynd Aston Village Hall	TF10 9JG	1st Sat	1.00pm - 3.00pm	01952 825857	
Indoor Bowling	Church & Chetwynd Aston Village Hall	TF10 9JG	Tues	10:00am - 12:00pm	01952 812345	
Indoor Bowling	Church & Chetwynd Aston Village Hall	TF10 9JG	Weds	2:00pm - 4:00pm	01952 812345	
Indoor Bowling	Church & Chetwynd Aston Village Hall	TF10 9JG	Thurs	8:15pm - 9:45pm	01952 812345	
Womens Institute	Church & Chetwynd Aston Village Hall	TF10 9JG	3rd Wed	7:00pm - 10:00pm	01952 813267	
Medau	Church & Chetwynd Aston Village Hall	TF10 9JG	Thurs	9:00am - 10:30am	01785 822442	
U3A Guitar Jammers	Church & Chetwynd Aston Village Hall	TF10 9JG	Thurs	11:00am - 1:30pm	01952 810355	
U3A Shakespeare	Church & Chetwynd Aston Village Hall	TF10 9JG	Fri	3:00pm - 5:00pm	01952 820376	

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DAWLEY						
Art Class & Chat	Dawley Baptist Church	TF4 2BB	Mon	10.00am	07570 808306	
Art Club	Hartshorne Court	TF4 2BY	Weds	10.30am - 12.30pm	01952 502877	
Art Group	Dawley House	TF4 2ES	Tues	7.00pm - 9.00pm	01952 567910	
Art Group	Dawley House	TF4 2ES	Weds	10.00am - 12.00pm	01952 567910	
REME Assoc of Electrical & Mechanical En	Dawley Christian Centre	TF4 2EX	Fri	9:00am - 12:00pm	01952 404556	
Crafty People	Dawley Baptist Church	TF4 2BB	Tues	7:00pm - 9.00pm	07570 808306	http://www.dawleybaptist.org.uk/Groups/314474/Small_Groups
Great Dawley Tea Dance	Dawley Town Hall	TF4 3JR	Weds	1.00pm	01952 567910	
Ironmen & Severn Gilders Morris Dancers	The Telford Langley School	TF4 3JS	Mon	8.00pm - 10.00pm		
Ballroom Social Dance Class	Dawley Town Hall	TF4 3JR	Sun	7:30pm - 10:30pm	01952 567910	
Belly Dancing	Dawley House	TF4 2ES	Thurs	6.00pm - 7.00pm	01952 567910	
Line Dancing	Dawley Town Hall	TF4 3JR	Tues/Thurs	7.00pm	01952 567910	
Line Dancing	Dawley Town Hall	TF4 3JR	Thurs	7.00pm - 9.30pm		
Line Dancing	Dawley British Legion	TF4 2NW	Mon	7:30pm - 9:30pm	01952 275112	
Dawley Sequence Dance	Dawley House	TF4 2ES	Tues	2.00pm - 4.00pm	01952 567910	
Mature Movers	George Chetwood Court	TF4 2QS	Weds	2:30pm - 3:30pm	01952 217474	
Pilates	Phoenix Sports & Leisure Centre	TF4 3JS	Tues/Thurs	7:00pm - 8:00pm	01952 462896	
Tai Chi & Chat	Dawley Baptist Church	TF4 2BB	Thurs	10.00am - 12.00pm	07570 808306	http://www.dawleybaptist.org.uk/Groups/314474/Small_Groups
Forum 50+ Chair Yoga	Dawley Town Hall	TF4 3JR	Wed	9.30am - 10.30am	07475 500227	https://forum50plus.org.uk/exercise-classes/
Forum 50+ Breath Work & Meditation	Dawley Town Hall	TF4 3JR	Wed	10.45am - 11.45am	07476 500227	
Forum 50+ Menoga (Yoga for Men)	Dawley Town Hall	TF4 3JR	Thurs	9.15am - 10.15am	07475 500227	https://forum50plus.org.uk/exercise-classes/
Yin Yang Yoga	Dawley Town Hall	TF4 3JR	Thurs	5:30pm - 6:30pm	07475 500227	
Dawley Badminton Club	Holy Trinity Academy - Priorslee	TF2 9SF	Tues	7:30pm - 9:30pm	07912 466207	
Dawley Bowlers (Winter Season)	Dawley Town Hall	TF4 3JR	Mon	2.00pm - 4.00pm	01952 567910	
Prime Time Tennis - Short Tennis	Phoenix Sports & Leisure Centre	TF4 3JS	Tues	5:00pm - 6:00pm	01952 274657	
Prime Time Tennis - Short Tennis	Phoenix Sports & Leisure Centre	TF4 3JS	Sat	2:00pm - 3:00pm	01952 274657	
Short Tennis - Prime Time Tennis	Phoenix Sports & Leisure Centre	TF4 3JS	Tues/Fri	5:00pm - 6:00pm	01952 274657	
Chrysanthemum Society	Dawley British Legion	TF4 2NW	2nd Tue	7.30pm	01952 604888	
Dawley History Group					01952 505766	http://www.dawleyheritage.co.uk/history-group
Dog Training	Dawley Town Hall	TF4 3JR	Wed	6.00pm - 9.00pm	01952 567910	
Computer Drop In	Hartshorne Court	TF4 2BY	Weds	10.00am - 12.00pm	07932 828333	https://forum50plus.org.uk/computers/
Telford & Wrekin Community Choir	Dawley House	TF4 2ES	Wed	7.00pm - 8.00pm	07843 443723	https://www.facebook.com/telfordcommunitychoir
Fun Prize Bingo	Langley Fold Sheltered Housing	TF4 3PT	Fri	5:00pm - 7:30pm	01952 599226	
Great Dawley Dinner	Dawley House	TF4 2ES	Fri	12.30pm - 2.00pm	01952 567910	
Chatty Club	Dawley House	TF4 2ES	Last Mon	9.30am - 11.30am	01952 567910	https://greatdawley.org/events/
Restroom Fellowship	Dawley House	TF4 2ES	Fri	10.30am - 11.45am	01952 201803	
Telford MIND Veterans' Café	Dawley House	TF4 2ES	2nd & 4th Mon	2.00pm - 4.00pm	07434 869248	Email
DONNINGTON						

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Art Class	Donnington Community Hub	TF2 7PR	Tues	2.00pm - 4.00pm	01952 382202	https://telford-mind.co.uk/inpatient-services/
Line Dancing	Casey's Cordingley Hall	TF2 8JS	Mon	10am - 11.15am	01743 233123	
Legs Bums & Tums	Donnington Community Hub	TF2 7PR	Fri	10:00am - 11:00am	01952 382202	
Tai Chi	Turreff Hall	TF2 8HG	Mon	10:00am - 12:00pm	07843 001270	
Zumba	Donnington Community Hub	TF2 7PR	Weds	6:00pm - 7:00pm	01952 382202	
Donnington Wood Bowling Club	School Road	TF2 8HU			01952 608100	
Walking Netball	Bell Rec Donnington	TF2 8HU				
Community Orchard & Gardening Group	Donnington Community Hub	TF2 7PR			01952 382202	
Nifty 50's	Turreff Hall	TF2 8HG	Weds	10:00am - 12:00pm	01952 605848	
Age UK Day Centre	Lawndale Community Room	TF2 8AD	Weds	9:30am - 1:30pm	01743 223123	
EDGMOND						
Art Class	Edgmond Village Hall	TF10 8HU	Mon	1.00pm - 3:30pm	07929 437172	
Stitch & Sew	Edgmond Village Hall	TF10 8HU	Last Fri	9:30am - 11:30am	07796 716781	
Pilates	Edgmond Village Hall	TF10 8HU	Mon	6:00pm - 7:00pm	07875 661045	http://www.edgmondvillagehall.org/user-groups
Yoga	Edgmond Village Hall	TF10 8HU	Weds	6:30pm - 7:30pm	07875 661045	Email
U3A Table Tennis	Edgmond Village Hall	TF10 8HU	Weds	2:30pm - 4:00pm		Email
French	Edgmond Village Hall	TF10 8HU	Thurs	7:00pm - 9:30pm		Email
Afternoon Tea	Edgmond Village Hall	TF10 8HU	Tues	1:00pm - 5:00pm	01952 820572	
HADLEY						
Elemental Art (Improver & Returner)	Hadley Community Centre	TF1 5NL	Weds	10.00am - 12.30pm	07929 437172	http://www.hadleycc.org.uk/Activities_16491.aspx
Elemental Art (Beginner)	Hadley Community Centre	TF1 5NL	Weds	1.00pm - 3.30pm	7930 437172	http://www.hadleycc.org.uk/Activities_16491.aspx
Dance Steps	Hadley Community Centre	TF1 5NL	Thurs	11:00am - 12:00pm	01952 251581	http://www.hadleycc.org.uk/Activities_16491.aspx
Line Dancing	Hadley Community Centre	TF1 5NL	Thurs	1.00pm - 2.30pm	01743 233123	http://www.hadleycc.org.uk/Activities_16491.aspx
Line Dancing	Hadley United Services & Village Club	TF1 5PB	Mon/Wed	7.00pm	07526 570709	
Line Dancing	Hadley United Services & Village Club	TF1 5PB	Thurs	10.00am	07526 570709	
Book Club	Hadley Community Centre	TF1 5NL	1st Tues	10.00am - 11.00am	07858 830095	http://www.hadleycc.org.uk/Activities_16491.aspx
Book Club	Hadley Community Centre	TF1 5NL	1st Thurs	1.00pm - 2.00pm	07858 830095	http://www.hadleycc.org.uk/Activities_16491.aspx
Various Fitness classes	The Circle - Hadley Learning Community	TF1 5NU	Various	Various		https://thecircleathlc.co.uk/
Age UK Dance Fitness	Hadley Community Centre	TF1 5NL	Mon	11.15am - 12.00pm	01742 233 123	http://www.hadleycc.org.uk/Activities_16491.aspx
Age UK Dance Fitness	Hadley Community Centre	TF1 5NL	Mon	12:30pm - 13.15pm	01742 233 123	http://www.hadleycc.org.uk/Activities_16491.aspx
Dance & Fitness	Hadley Community Centre	TF1 5NL	Thurs	7.30pm - 8.30pm	01952 810666	http://www.hadleycc.org.uk/Activities_16491.aspx
Legs, Bums & Tums	The Circle - Hadley Learning Community	TF1 5JU	Tues	6:00pm - 7:00pm	07961 383754	http://www.hadleycc.org.uk/Activities_16491.aspx
Legs, Bums & Tums	The Circle - Hadley Learning Community	TF1 5JU	Thurs	7:00pm - 7:45pm	07961 383754	http://www.hadleycc.org.uk/Activities_16491.aspx
Pilates	The Circle - Hadley Learning Community	TF1 5JU	Tues	7:30pm - 8:30pm	07961 383754	https://www.joburtfitness.co.uk/fitness-classes
Various Swimming Sessions	The Circle - Hadley Learning Community	TF1 5NU	Various	Various		https://thecircleathlc.co.uk/swimming-pool/
Yoga	The Circle - Hadley Learning Community	TF1 5JU	Fri	7:00pm - 8:00pm	01952 388470	https://thecircleathlc.co.uk/fitness-classes/
Yoga	The Circle - Hadley Learning Community	TF1 5JU	Sat	9:00am - 10:00am	01952 388470	https://thecircleathlc.co.uk/fitness-classes/
Yoga	The Circle - Hadley Learning Community	TF1 5JU	Mon	7:30pm - 8:30pm	01952 388470	https://thecircleathlc.co.uk/fitness-classes/

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Yoga	The Circle - Hadley Learning Community	TF1 5JU	Tues	7:15pm - 8:15pm	01952 388470	https://thecircleathlc.co.uk/fitness-classes/
Yoga	The Circle - Hadley Learning Community	TF1 5JU	Thurs	7:30pm - 8:30pm	01952 388470	https://thecircleathlc.co.uk/fitness-classes/
Yoga (Beginners and less able)	Hadley Community Centre	TF1 5NL	Wed	10.00am - 11.30am		https://www.janetevansyoga.co.uk/classes.php
Zumba	The Circle - Hadley Learning Community	TF1 5JU	Thurs	6:00pm - 7:00pm	01952 388470	https://thecircleathlc.co.uk/fitness-classes/
Zumba	Hadley Community Centre	TF1 5NL	Mon	10:00am - 11:00am	01952 251581	http://www.hadleycc.org.uk/Activities_16491.aspx
Wellington Badminton Club	The Circle - Hadley Learning Community	TF1 5JU	Tues	9:00pm - 10:00pm	01952 261008	https://thecircleathlc.co.uk/fitness-classes/
Wellington Badminton Club	The Circle - Hadley Learning Community	TF1 5JU	Fri	7:00pm - 8:00pm	01952 261008	https://thecircleathlc.co.uk/fitness-classes/
Hadley United Services Bowling Club	Hadley United Services & Village Club	TF1 5PB			01952 411717	
Telford Hot Trax Radio Controlled Car Club	Hadley Learning Centre	TF1 5NU	Weds	7:30pm - 10:00pm	07834 808943	
Telford Wine Making & Home Brewing Club	Hadley Rest Rooms	TF1 6PW	Thurs	7:45pm	01384 345408	
Friday Feast (Mens Cookery)	Hadley Methodist Church	TF1 5NG	1st Fri of month	10:30am - 1.30pm	01952 810167	
English for Women	Hadley Community Centre	TF1 5NL	Fri	9:30am - 11:30am	01952 251581	http://www.hadleycc.org.uk/Activities_16491.aspx
Functional English	Hadley Community Centre	TF1 5NL	Weds	9:15am - 12pm	01952 251581	http://www.hadleycc.org.uk/Activities_16491.aspx
Functional Maths	Hadley Community Centre	TF1 5NL	Mon	9:15am - 2.30pm	01952 251581	http://www.hadleycc.org.uk/Activities_16491.aspx
Hadley & District Orpheus Male Voice Chorus	Hadley Community Centre	TF1 5NL	Mon	7:00pm - 9:30pm	01952 251581	http://www.hadleycc.org.uk/Activities_16491.aspx
Bingo	Hadley United Services & Village Club	TF1 5PB	Tues/Fri	8:00pm	07503 292520	
Bingo	Hadley United Services & Village Club	TF1 5PB	Sun	1:00pm & 8.00pm	07503 292520	
Lunch Club	Haybridge Hall	TF1 6JG	Fri	10:30am - 12:00pm	01952 244058	
Age UK Day Centre	Highfield House	TF1 6PH	Mon	10:00am - 1.30pm	01743 233123	
Age UK Day Centre	Haybridge Hall	TF1 6JG	Tues	10:00am - 1.30pm	01743 233123	
Khushdil Day Centre	Sikh Temple	TF1 6PW	Thurs	10.00am - 2.00pm	01743 233123	
Forum 50+ Friendship Group	Highfield House	TF1 5NX	Every 2nd Thurs	10.30am - 12.00	07932 828333	Email
Hadley Five-0	Hadley United Services & Village Club	TF1 5PB	Mon	10:00am - 12:00pm	01952 244804	
You, Me & Us Friendship Group	Hadley Community Centre	TF1 5NL	4th Thurs	2.00pm - 4.00pm	07834 753092	http://www.hadleycc.org.uk/Activities_16491.aspx
HOLLINSWOOD						
Age UK Day Centre	Hollinswood Neighbourhood Centre	TF3 2EW	Fri	10:00am - 3:00pm	01743 233123	
HORSEHAY						
Forum 50+ Friendship Group	Horsehay Village Hall	TF4 2NF	Mon	10.30am - 12.00pm	07932 828333	Email
Forum 50+ Indoor Curling	Horsehay Village Hall	TF4 2NF	Last Mon	10.30am - 12.00pm	07932 828333	Email
Painting for Pleasure	Horsehay Methodist Church	TF4 2PU	Mon	10am - 12.30pm	01952 505942	
Quilting Group	Horsehay Methodist Church	TF4 2PA	Tues	10.30am - 2.00pm	01952 248012	
Ballroom Dancing - Absolute Beginners	Horsehay Village Hall	TF4 2NF	Sun	7.00pm - 7.45pm	07818 476322	
Ballroom Dancing - Improvers	Horsehay Village Hall	TF4 2NF	Sun	7.45pm - 8:30pm	07818 476322	
Horsehay Amateur Dramatic Society	Horsehay Village Hall	TF4 2MF	Tues/Thurs	7.30pm		http://horsehayamdram.co.uk/
Senior Gym (Over 50s)	Horsehay Village Golf Centre	TF4 3BT	Fri	11:00am - 12:00pm	01952 382640	Email
Telford Harriers	Horsehay Village Golf Centre	TF4 3BT	Tues	7.00pm		https://www.telfordharriers.com/
Horsehay Village Golf Club	Horsehay Village Golf Centre	TF4 3BT				https://www.horsehayvillagegolfclub.co.uk/
Phoenix Model Engineering Society	Bridge Road	TF4 2NG	Tues			http://www.phoenix-mes.co.uk/

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Shropshire Scale Modellers	Horsehay Village Hall	TF4 2NF	Every other Wed	7:30pm	01952 825629	http://shropmodels.org.uk/
Coffee Morning	Horsehay Methodist Church	TF4 2PU	Weds	10:30am - 12:00pm	01952 505233	
IRONBRIDGE GORGE						
Men In Sheds	Greenwood Centre	TF8 7DR	Weds	10am - 4.00pm	07504 636303	
Pilates	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Weds	5:30pm - 6:15pm		
Pilates	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Thurs	9:30am - 10:30am		
Tai Chi - Beginners	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Tues	10:00am - 11:00am	07587 055855	
Tai Chi - Continuing	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Tues	11:00am - 12:0pm	07587 055855	
Yin Yoga	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Mon	10:30am - 11:30am		
Yoga	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Sun	10:30am - 11:30am		
Yoga	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Thurs	10:45am - 11:45am		
Smallwoods	Greenwood Centre	TF8 7DR			01952 432769	https://smallwoods.org.uk/
Gorge Gardening Group	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Thurs	7:30pm - 9:30pm	01952 587983	
Friends of Ironbridge Gorge Museum					01952 435900	
Coalbrookdale Bell Ringers	Parish Church of the Holy Trinity	TF8 7NS	Weds	7.30pm - 9.00pm	07872 956912	
Jackfield Brass Band	The Old Chapel	TF8 7LU	Tues/Fri	7:30pm - 9:30pm	07532 168693	http://www.jackfieldband.org.uk/
Gorge Film Club	Coalbrookdale & Ironbridge Comm Ctre	TF8 7DX	Mon	2:30pm - 5:00pm		
KETLEY						
Sequence Dance	Ketley Community Centre	TF1 5AN	3rd Fri	6.45pm - 8.30pm	01952 619934	
Gymfinity	Ketley Community Centre	TF1 5AN	Thurs	3:00pm - 4:00pm	07402 591554	
Wellfit Seated Exercise	Ketley Community Centre	TF1 5AN	Tues	10:30am - 11:30am	07821 739943	
Tai Chi	Ketley Community Centre	TF1 5AN	Fri	10:00am - 11:30am	01952 614451	
TB' Tai Chi	Ketley Community Centre	TF1 5AN	Mon	6:15pm - 8:15pm	07983 404245	
Yoga With Jules - Sunrise Yoga Flow	The Depot, Holyhead Road	TF2 6DW	Thurs	6.45am - 7.30am	07900 982640	
Ketley Bank Bowling Club (Winter Season)	Dawley Town Hall	TF4 3JR	Tues/Weds	2:00pm - 4:00pm	01952 567910	
Ketley History Group					07445 314742	
Telford Model Aero Club	Horseshoes Inn	TF1 5AE	Weds	8:00pm	01952 258715	https://www.telfordmodelaeroclub.co.uk/
Severn Harmony Ladies Barbershop Chorus	Ketley Community Centre	TF1 5AN	Mon	7:30pm - 9:30pm	01952 597851	http://severnharmony.co.uk/
Coffee Morning	All Nations Telford	TF1 5DS	Weds	11.00am - 1.00pm		
Ketley Coffee Club	Ketley Community Centre	TF1 5AN	2nd & 4th Thurs	1:00pm - 3:00pm	01952 223170	
Ketley Good Companions	Ketley Community Centre	TF1 5AN	Weds	1:00pm - 3:00pm	01952 419773	
KYNNERSLEY						
Kynnersley Garden Club	Kynnersley Village Hall	TF6 6DX	2nd Fri	7.00pm	01743 341949	
LAWLEY						
Chatty Café	Lawley Bank Court	TF4 2PP	Thurs	9.00am - 11.00am	01952 502420	
Pilates	St John's Church Hall	TF4 2PD	Mon	7.00pm - 8.00pm	07961 383754	https://joburfitness.co.uk/
Lawley Walkers					07702 312583	https://www.facebook.com/groups/957462457795606/
Lawley Running Club	Morrisons	TF3 5ES	Mon,Wed,Fri	6.40pm/6.45/6.15		https://lawleyrunningclub.co.uk/

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Lawley Vill Green Grp (environment/gardening)						Email
Telford Concert Band	Lawley Community Centre	TF4 2PR	Mon	7:30pm - 9:30pm	07988 639642	Email
Telford Bridge Club	Lawley Community Centre	TF4 2PR	Wed	7.30pm	07930 092733	
Zumba	Lawley Community Centre	TF4 2PR	Mon/Wed	6:00pm	01952 507865	
LEEGOMERY						
Slow sewing for Mindfulness	Leegomery Community Centre	TF1 6NA	Thurs	Various	07741 302093	https://ohtosew.co.uk/
Sit & Sew	Leegomery Community Centre	TF1 6NA	Tues, Weds	2.30pm - 5.30pm	07741 302093	https://ohtosew.co.uk/
Forum 50+ Yoga Philosophy in Practice	Leegomery Community Centre	TF1 6NA	Mon	9.30am - 10.30am	07957 491250	https://forum50plus.org.uk/exercise-classes/
Community Garden	Leegomery Community Centre	TF1 6NA			01952 897111	
Lawton Farm Chill & Chat	Leegomery Community Centre	TF1 6NA			01952 897111	
LIGHTMOOR						
Painting with Ann	Bournville House	TF4 3TX	Weds	10am - 11.30am	01952 293777	http://www.oaktreecentre.org.uk/whats-on/
Tea & Cake	Bournville House	TF4 3TX	Weds	3.00pm - 4.30pm	01952 293777	
Drop in IT & Internet Class (Beginners)	Oak Tree Centre	TF4 3EG	Mon - Fri	10.00am - 3.00pm	01952 567417	
Fall Prevention Exercise	Bournville House	TF4 3BY	Tues	10.00am	07865 081598	https://fit4lifetelford.com/
LILLESHALL						
Ballroom Dancing - various levels	Ford Hall, Lilleshall Sports Centre	TF10 9AT	Thurs	7.00pm - 10:25pm	07818 476322	
Line Dancing - Beginners & Improvers	Lilleshall Memorial Hall	TF10 9EE	Weds	10:00am - 12:00pm	01952 933984	
Lilleshall Pantomime & Drama Group	Lilleshall Memorial Hall	TF10 9EE	Mon/Wed	7:30pm	07929 424643	https://www.facebook.com/lilleshallpanto
Forever Fit - Racketball (Over 50's)	Lilleshall National Sports Centre	TF10 9AT	Fri	10:30am - 11:30am	01952 603003	
LITTLE WENLOCK						
Fit steps with Molly	Little Wenlock Village Hall	TF6 5BN	Thurs	7:00pm - 8:00pm	07964 475011	http://www.littlewenlockvillagehall.uk/
Pilates	Little Wenlock Village Hall	TF6 5BN	Mon	9.30am - 10.15am	07852 144119	http://www.littlewenlockvillagehall.uk/
Yoga	Little Wenlock Village Hall	TF6 5BN	Mon	10.30am - 11.30am	07852 144119	http://www.littlewenlockvillagehall.uk/
Indoor Bowls	Little Wenlock Village Hall	TF6 5BN	Wed	7.00pm - 9.00pm	01952 505573	http://www.littlewenlockvillagehall.uk
Telford & District Amateur Radio Society	Little Wenlock Village Hall	TF6 5BN	Weds	7:30pm - 10.00pm	01952 503516	http://www.littlewenlockvillagehall.uk
Over 60's Lunch Club	Little Wenlock Village Hall	TF6 5BN	3rd Tues	12.30pm	01952 505888	http://www.littlewenlockvillagehall.uk
LONGDON ON TERN						
Tai Chi - Beginners	Longdon-Upon-Tern	TF6 6BE	Thurs	7:30pm - 9:30pm	01743 369787	
MADELEY						
Madeley Art Club	Jubilee House	TF7 5AH	Mon	9.30am - 12pm	07890 994065	http://madeleytowncouncil.gov.uk/jubilee-house/
Allsorts Crafts	The Anstice	TF7 5BD	Thurs	10.00am - 12.00pm	07534 922868	https://www.theanstice.co.uk/classes/
Card Making	The Anstice	TF7 5BD	Fri	10.30am - 12.30pm	01952 418807	http://madeleytowncouncil.gov.uk/jubilee-house/
Nettie Crafts	Jubilee House	TF7 5AH	Weds	9.00am - 12.00pm	01952 878576	https://www.theanstice.co.uk/classes/
Knit & Natter	Wellbeing Community Café	TF7 5AR	Mon	12pm - 2pm	01952 916033	
Men In Sheds	Hall Barn	TF7 5BT	Tues	10am - 4.00pm	07504 636303	
Ballroom Dancing - various levels	The Anstice	TF7 5BD	Tues	7.00pm - 9.30pm	07818 476322	https://www.theanstice.co.uk/classes/
Line Dancing	The Anstice	TF7 5BD	Weds	7.30pm - 9.00pm	07849 361806	https://www.theanstice.co.uk/classes/

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Jubilee2 Dance Club	Jubilee House	TF7 5AH	Fri	12.00pm - 3.00pm	01952 596857	http://madeleytowncouncil.gov.uk/jubilee-house/
Various Fitness classes	Abraham Darby Sports & Leisure Centre	TF7 5HX	Various	Various	01952 382770	https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Over 50s Fitness Class	Jubilee House	TF7 5BT	Tues & Fri	9.30am - 10.30am	01952 586867	http://madeleytowncouncil.gov.uk/jubilee-house/
Senior Gym (Over 50s)	Abraham Darby Sports & Leisure Centre	TF7 5HX	Mon/Thur	2:00pm - 3:00pm	01952 603064	https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Various Swimming Sessions	Abraham Darby Sports & Leisure Centre	TF7 5HX	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Walking Group	The Sambrook Centre	TF3 1FA	Tues	2:00pm	01952 567140	Email
MIND Wellbeing Walks	Court Street Medical Practice	TF7 5EE	Weds	10.00am	07434 869248	Email
MIND Running	Court Street Medical Practice	TF7 5EE	Mon	10am - 11am	07434 869248	
Veteran's Café	Jubilee House	TF7 5AH	3rd Thurs	5.00pm- 7.00pm	7435 869248	Email
Yoga	The Anstice	TF7 5BD	Thurs	9.30am - 10.30am	07933 513659	
Chair Yoga	The Anstice	TF7 5BD	Thurs	11.00am - 11.45am	07933 513659	
Yoga	Jubilee House	TF7 5HX	Wed	7:00pm - 9:00pm	07791 182085	http://madeleytowncouncil.gov.uk/jubilee-house/
Madeley Cricket Club						http://madeleycricketclub.co.uk/
Over 50's Ski School	Telford Snowboard & Ski Centre	TF7 5DZ	Fri	10:00am - 12:00pm	01952 382688	http://www.telfordandwrekinleisure.co.uk/ski
Recreational Ski	Telford Snowboard & Ski Centre	TF7 5DZ	Mon - Sun	Various	01952 382688	http://www.telfordandwrekinleisure.co.uk/ski
Madeley Local Studies Group					01952 567280	
Computer Drop In	Madeley Library at the Anstice	TF7 5BD	Tues	2.00pm - 3.00pm	07932 828333	https://forum50plus.org.uk/computers/
Telford Orchestra	The Anstice	TF7 5BD	Mon	7:30pm - 9:30pm	01952 604189	http://www.telfordorchestra.org.uk/
Darby Singers	Abraham Darby Academy	TF7 5HX	Thurs	7:15pm - 9:00pm	01952 563553	http://darbysingers.co.uk/
Harmony Singing	Jubilee House	TF7 5AH	Mon	1:00pm - 3.00pm	01952 567280	
Bingo	Hall Barn	TF7 5SG	Fri	2:00pm	01952 587909	
Age UK Day Centre	Bridle Court	TF7 5SG	Tues	10:00am - 2:00pm	01743 233123	
Forum 50+ Friendship Group	Six Bells Inn	TF7 5BN	Mon	1.30pm - 3.00pm	07932 828333	Email
The Friendly Retirement Group	Jubilee House	TF7 5AH	Thurs	1:00am - 3:00pm	01952 581626	http://madeleytowncouncil.gov.uk/jubilee-house/
MALINSLEE						
Arts, Crafts & Chat	St Leonard's Church	TF4 2DS	Weds	11.00am - 1.00pm	07511 870070	
Knit & Natter	St Leonards Church - Malinslee	TF4 2AS	Thurs	1:00pm	01952 276725	
Lunch with Bingo	St Leonards Church - Malinslee	TF4 2AS	Sat	1:00pm - 3:00pm	01952 505108	
Malinslee Luncheon Club	Dawley House	TF4 2ES	Thurs	9.00am - 1.00pm	01952 567910	
Age UK Day Centre	Dawley House	TF4 2ES	Thurs	10:00am - 1:30pm	01743 233123	
Coffee & Chat	St Leonards Church	TF4 2AS	Weds	11.00am	07511 870070	
MUCH WENLOCK						
Much Wenlock Civic Society	Priory Hall - Much Wenlock	TF13 6HS	Tues	7:30pm - 9:30pm	01952 727556	
Silver Movers	Priory Hall - Much Wenlock	TF13 6HS	Thurs	2:00pm - 3:00pm	07803 593377	
Various Fitness classes	Much Wenlock Leisure Centre	TF13 6NB	Various	Various		
Pilates	Priory Hall - Much Wenlock	TF13 6HS	Weds	9:30am - 10:30am	07803 593377	
Various Swimming Sessions	Much Wenlock Leisure Centre	TF13 6NB	Various	Various		https://www.shropshire.gov.uk/shropshire-leisure-time/
Ta Chi (Lok Hup) - Advanced	Priory Hall - Much Wenlock	TF13 6HS	Fri	10:45am - 11:45am	07803 593377	

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Tai Chi	Priory Hall - Much Wenlock	TF13 6HS	Mon	11:30am - 12:30pm	07803 593377	
Yoga	Priory Hall - Much Wenlock	TF13 6HS	Tues	9:00am - 10:00am	07803 593377	
Yoga	Priory Hall - Much Wenlock	TF13 6HS	Tues	10:15am - 11:15am	07803 593377	
Yoga	Priory Hall - Much Wenlock	TF13 6HS	Thurs	6:00pm - 7:00pm	07803 593377	
Much Wenlock U3A	Priory Hall - Much Wenlock	TF13 6HS	Weds	2:30pm - 4:30pm	07803 593377	
MUXTON						
Aerobics over 50	St John's Church	TF2 8RJ	Weds	10.00am		http://www.stjohnsmuxton.org.uk/
Yoga for Health Lower Backs	The Shropshire	TF2 8PQ	Weds	7:00pm - 8:30pm		https://www.janetevansyoga.co.uk/
Shropshire Golf Centre	Shropshire Golf Centre	TF2 8PQ				https://theshropshire.co.uk/
Dolls House Group			1st Wed	2.00pm - 4.00pm		Email
Join us 4 a Cuppa	St John's Church	TF2 8RJ	Fri monthly	11.00am		
Lunch Club	St John's Church	TF2 8RJ	1st Fri	12.00pm	01952 606105	
Muxton Ladies Group	St John's Church	TF2 8RJ	1st Wed	8.00pm	01952 670033	http://www.stjohnsmuxton.org.uk/
NEWPORT						
Creation Art	Cosy Hall	TF10 7LD	Mon	1pm - 3.15pm	01952 417598	https://www.cosyhall.org.uk/whats-on/
Newport Photographic Club	Weston Buildings Harper Adams Uni	TF10 8NB	Tues	7:30pm		http://www.newportphotoclub.com/wordpress/
Newport & District Civic Society	St Andrews Church Hall	TF10 9JG	4th Tue		01952 810656	http://www.newportshropshirecivicsociety.co.uk/
Newport Probus Club (Men)	The Swan at Forton	TF10 8BY	1st Mon	1.00pm	01952 813433	Email
National Womens Register					01952 820047	https://nwr.org.uk/network/groups/
Newport Flower Club	Newport Cottage Care Centre	TF10 7EH	Thurs	7:30pm	01952 608114	
Tango	Cosy Hall	TF10 7LD	Thurs	7:30pm - 9.30pm	01952 417598	https://www.cosyhall.org.uk/whats-on/
Tango Tea Dance	Cosy Hall	TF10 7LD	1st Sun	3.00pm - 7.00pm	01952 417598	https://www.cosyhall.org.uk/whats-on/
Newport Book Club	The Barley Mow	TF10 7AQ	Mon	7:00pm	01952 820810	
Newport Writers' Circle	Newport Library	TF10 7AT	Weds	10:30am	07977 132271	
Various Fitness classes	Newport Leisure Centre	TF10 7LH	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Pilates	Tine Carter Wellness Studio	TF10 7AX	Various	Various	07812 144685	https://www.tinacarterwellnessstudio.co.uk/
Pilates	Cosy Hall	TF10 7LD	Mon	10:00am - 11:00am	01952 417598	https://www.joburfitness.co.uk/fitness-classes
Various Swimming Sessions	Newport Leisure Centre	TF10 7LH	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Tai Chi	Trinity Church	TF10 7HF	Thurs	11:00am - 12:00pm	01952 813325	
Tai Chi Beginners & Continuers	Cosy Hall	TF10 7LD	Tues	9:30am - 11.45am	01952 417598	http://www.cosyhall.org.uk/whats.html
Newport Community Walking Group		TF10 7AR			07929 377549	
DRU Yoga	Cosy Hall	TF10 7LD	Tues	9:30am - 11:45am	01952 417598	http://www.cosyhall.org.uk/whats.html
Yoga	Pulse Fitness	TF10 7LU	Various	Various	07967 343728	
Yoga	Cosy Hall	TF10 7LD	Thurs	10:15am - 11:45am	01952 417598	http://www.cosyhall.org.uk/whats.html
Yoga	Cosy Hall	TF10 7LD	Thurs	6:00pm - 7:00pm	01952 417598	http://www.cosyhall.org.uk/whats.html
Yoga	Cosy Hall	TF10 7LD	Mon	5:30pm - 6:30pm	01952 417598	http://www.cosyhall.org.uk/whats.html
Mens Yoga	Cosy Hall	TF10 7LD	Mon	7:00pm - 8:00pm	01952 417598	http://www.cosyhall.org.uk/whats.html

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Yoga (Various)	Tine Carter Wellness Studio	TF10 7AX	Mon - Sat	Various	07812 144685	https://www.tinacarterwellnessstudio.co.uk/
Zumba	Pulse Fitness	TF10 7LU	Tues	6:30p - 7:15pm	07967 343728	
Badminton	Burton Borough School	TF10 7DS	Thurs	7:30pm - 10:00pm	01952 550557	
Newport Salop Bowling Club	Granville Avenue	TF10 7DX			01952 820479	
Forton Cricket Club	Forton	TF10 8BY	Tues	6:15pm	01952 825447	
Aqualate Golf Club	Aqualate Golf Course	TF10 9DB				https://www.aqualategolf.co.uk/
Volleyball	Burton Borough School	TF10 7DS	Fri	6:00pm - 7:00pm	01952 550557	
Newport Chess Club, re-opens 17th May	Newport British Legion	TF10 7DP	Thurs	7:30pm	01785 823329	http://www.newportchessclub.com/
Newport Bridge Academy	Royal Naval Association	TF10 7AJ	Mon	7:00pm	07541 048785	
Newport Bridge Club	The Hub St Mary Street	TF10 7AB	Tues/Thur	7:00pm	01952 814474	https://www.bridgewebs.com/royalvictoria/
Newport History Society	Cosy Hall	TF10 7LD	Various	Various	01952 820256	http://newporthistorysociety.org/
Computer Drop In	Buttercross Court	TF10 7UD	Weds	11.00am - 1.00pm	07932 828333	https://forum50plus.org.uk/computers/
French	Cosy Hall	TF10 7LD	Fri	10:30am - 12:30pm	01952 417598	http://www.cosyhall.org.uk/whats.html
U3A Newport	Cosy Hall	TF10 7LD	3rd Mon	2:00pm	01952 417598	https://u3asites.org.uk/newport/welcome
Beaumaris Singers	Cosy Hall	TF10 7LD	Tues	7:30pm - 9:00pm	01952 417598	http://www.beaumarissingers.org/
Sing4Fun	Burton Borough School	TF10 7DS	Thurs	7:15pm - 9:45pm	01952 243825	
Coffee Morning	Trinity Church	TF10 7HF	Sat	10:30am - 12:15pm	01952 813325	
Age UK Day Centre	Adams Close Community Room	TF10 7QL	Tues	10:00am - 2:00pm	01743 233123	
Female 77	Newport Cottage Care Centre	TF10 7EH	Weds	8:00pm	01952 811533	
Townswomens Guild	Cosy Hall	TF10 7LD	1st Weds	1:00pm - 3:00pm	01952 417598	
OAKENGATES						
Dancerella	The Wakes	TF2 6EP	Fri	7.45pm		
Banghra Dance & Fitness	The Wakes	TF2 6EP	Thurs	6.00pm	07851 270409	https://www.thewakes.org.uk/whats-on/
Gentle Dance & Social	The Wakes	TF2 6EP	Tues	11.30am - 12.30pm	7852 270409	https://www.thewakes.org.uk/whats-on/
Taoist Tai Chi	The Wakes	TF2 6EP	Tues	10:00am - 11:00am	01952 59768	https://www.thewakes.org.uk/whats-on/
Hartshill Runners	Hartshill Park	TF2 6AJ	Mon,Wed,Fri	6.30pm		https://groups.runtogether.co.uk/hartshillrunners
Forum 50+ Seated Exercise	The Wakes	TF2 6EP	Tues	1:00pm - 1:45pm	07821 739943	https://forum50plus.org.uk/exercise-classes/
Fall Prevention Exercise	Oakengates United Church	TF2 6JH	Weds	1.00pm	07865 081598	https://fit4lifetelford.com/
Telford & Wrekin District Bowling Club	Hartshill Park	TF2 6AJ	Thurs	5:00pm	01952 594503	
Maddocks Chess Club	Maddocks Sports & Social Club	TF2 6BU	Mon	7:30pm	07479 562630	
Age UK Acorn Singers	The Wakes	TF2 6EP	Weds	3.15pm - 4:45pm	01743 233123	https://www.thewakes.org.uk/whats-on/
Forum 50+ Friendship Group	Outpost Café at the Wakes	TF2 6EP	Wed	1.30pm - 3.00pm	07932 828333	Email
MIND Calm Café	Outpost Café at the Wakes	TF2 6EP	Mon	5.00pm - 8.00pm	07434 869248	https://telford-mind.co.uk/calm-cafe/
Senior Social	The Wakes	TF2 6EP	Thurs	1:30pm	01952 567500	
PRIORSLEE						
Priorslee Lions Chess Club	The Lion Inn, Shifnal Road	TF2 9NN	Mon	7:30pm	01952 258715	
Whist Drive	Priorslee Scout Hut	TF2 9QQ	Sat	7:15pm	01952 242009	
RANDLAY						

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Telford & Ironbridge Meccano Society	Randlay Community Centre	TF3 2LH				https://tims.org.uk/
RODINGTON						
Line Dancing	Rodington Village Hall	SY4 4QX	Mon	2:00pm - 4:00pm	07977 370343	
SHAWBIRCH						
Wrekinsport Cycling Club (Intermediate)	Shawbirch Spar	TF5 0LW	Thurs	6:30pm		https://www.wrekinsport.org.uk/
Wrekin Bridge Club	Shawbirch Community Centre	TF5 0LT	Weds	7:15pm	01952 222421	
Age UK Day Centre	Methodist Church Hall	TF5 0AH	Weds	11:00am - 2:00pm	01743 233123	
Forum 50+ Friendship Group	The Woolpack	TF5 0LW	Tues	11.00am - 12.30pm	7934 828333	Email
SHIFNAL						
Shifnal ART Group	Senior Citizens Club, Curriers Lane	TF11 8AZ	Fri	10am - 12pm	01952 463211	
Shifnal Flower Club	Shifnal Village Hall	TF11 8DW	3rd Tues	7:30pm	01782 642213	
Shifnal Flower Club Workshop	Curriers Lane Room	TF11 8EJ	Tues	7:30pm	01952 750312	
Dance Class	St Andrews Youth Club Hall	TF11 9AF	Weds	10:30am	01952 461768	
Rock n Roll Dance Lessons	War Memorial Club	TF11 8AD	Thurs	7:00pm	07814 599802	
Ceroc Modern Jive & Salsa Class	Shifnal Village Hall	TF11 8DW	Mon	7:45pm	07983 703166	
Line Dancing Beginners	Shifnal Memorial Hall	TF11 8AD	Tues	7:30pm - 8:30pm	01939 236773	
Line Dancing Improvers & Intermediate	Shifnal Memorial Hall	TF11 8AD	Tues	8:30pm - 9:30pm	01939 236773	
Pilates	Trinity Methodist Church Hall	TF11 8AF	Mon	10:00am - 11:00am	01952 462896	
Pilates	Kemberton Village Hall	TF11 9LU	Tues	7:00pm - 8:00pm	01952 462896	
Shifnal Bowling Club	Priorslee Road	TF11 8HD	Thurs	10:30am - 12:30pm	01902 372955	https://www.facebook.com/ShifnalBowlingClub/
Shifnal Cricket Club	Priorslee Road	TF11 8HD				https://shifnalcc.play-cricket.com/
Shifnal Tennis Club Social Play	Shifnal Tennis Club	TF11 8HD			07761 970759	https://clubspark.lta.org.uk/ShifnalTennisClub
Wrekin U3A	Shifnal Village Hall	TF11 8DW	4th Tues	2.00pm		https://u3asites.org.uk/wrekin/home
Shifnal & District Male Voice Choir	Idsall School	TF11 8PD	Thurs	7:30pm	01952 586968	http://www.shifnalmvc.org.uk/
Coffee Morning	St Andrews Church Hall	TF11 9AJ	Tues	10:00am - 12:00pm	01952 463694	
Coffee Morning	Trinity Methodist Church Hall	TF11 8AE	Weds	10:00am - 12:00pm	01952 460600	
Shifnal Senior Citizens	Curriers Lane Social Club	TF11 8EQ	Fri	2:00pm - 4:00pm	01952 461753	
SHROPSHIRE						
RAMC Association Medical Corps	Copthorne Barracks	SY3 8LX			01952 276953	
Nordic Walking					07980 266964	https://walx.co.uk/groups/beverley-turner/
Shropshire Union Canal Society					01630 656525	http://www.shropshireunion.org.uk/?i=1
Shropshire Way Association					01743 247404	https://www.shropshireway.org.uk/
Friends of Shropshire Archives						https://friendsofshropshirearchives.org/
Shropshire Archaeological & Historical Society						https://shropshirearchaeologyhistory.org/
Shropshire Family History Society					01691 653316	http://www.sfhs.org.uk/
ST GEORGES						
Pilates	St Georges Methodist Church	TF2 9JY	Mon	12:15pm - 1.15pm	07961 383754	https://www.joburfitness.co.uk/fitness-classes
Pilates	St Georges Methodist Church	TF2 9JY	Weds	10:00am - 11:00am	07961 383754	https://www.joburfitness.co.uk/fitness-classes

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Pilates	St Georges Methodist Church	TF2 9JY	Weds	11:00am - 12:00pm	07961 383754	https://www.joburfitness.co.uk/fitness-classes
St Georges Bowling Club	St Georges Sports & Social Club	TF2 9LU				https://sites.google.com/site/stgeorgesbowlingclub/
St Georges Cricket Club	St Georges Sports & Social Club	TF2 9LU				http://www.stgeorgescc.org.uk/
St Georges Hockey Club	St Georges Sports & Social Club	TF2 9LU				http://www.telfordhockeyclub.co.uk/
Wrekin Historical Group	St Georges & Priorslee Parish Rooms	TF2 9LQ				http://www.thas.co.uk/
St Georges Pigeon Racing Club	St Georges Sports & Social Club	TF2 9LU				
Age UK Day Centre	Turnpike Court	TF2 9AN	Mon	10:00am - 3:00pm	01743 233123	
STIRCHLEY						
Lakeside Art Group	The Sambrook Centre	TF3 1FL	Tues	1:30pm - 3:30pm	01952 567140	
Stirchley Art Group	The Sambrook Centre	TF3 1FL	Tues	10:00am - 12:00pm	01952 567140	
Dors Ladies Craft Group	The Sambrook Centre	TF3 1FL	Thurs	9:30am - 12:30pm	01952 567140	
MIND Exercise but fun (full body circuits)	The Sambrook Centre	TF3 1FL	Fri	1.30pm - 2.30pm	07434 869248	
Pilates	Stirchley Recreation Centre	TF3 1ET	Thurs	8:30pm - 9:15pm	07961 383754	
Telford Harriers	Telford Park School	TF3 1FA	Thurs	7.00pm		https://www.telfordharriers.com/
Short Mat Bowls	The Sambrook Centre	TF3 1FL	Mon	1:30pm - 3:30pm	01952 567140	Email
SUTTON HILL						
Knit & Natter, Craft & Chatter	Hub on the Hill	TF7 4HG	Tues	10.30am - 12.30pm	01952 898052	
Wellfit Seated Exercise	Hub on the Hill	TF7 4HG	Thurs	3.00pm - 3.45pm	07821 739943	https://www.hubonthehilltelford.org/get-involved
Telford Golf Club	Telford Hotel & Golf Resort	TF7 4DT				http://www.telfordgolfclub.co.uk/
Golden Games Group	Hub on the Hill	TF7 4HG	Weds	11.00am - 2.00pm	01952 898052	https://www.hubonthehilltelford.org/get-involved
Dog Training	Hub on the Hill	TF7 5HG	Mon	6:30pm - 9:30pm	01952 898052	https://www.hubonthehilltelford.org/get-involved
Sunflower Social Seniors Lunch club	Hub on the Hill	TF7 4HG	Fri	11.30am - 1:00pm	01952 898052	https://www.hubonthehilltelford.org/get-involved
MIND Calm Café	Hub on the Hill	TF7 4HG	Weds	5.00pm - 8.00pm	07435 869248	https://telford-mind.co.uk/calm-cafe/
TIBBERTON						
Art Class	Tibberton Village Hall	TF10 8PB	Weds	2.00pm	01952 551022	
Keep Fit	Tibberton Village Hall	TF10 8PB	Tues	9:30am - 10:30am	01952 551022	
Pilates	Tibberton Village Hall	TF10 8PB	Weds	10:15am - 11:15am	01952 551022	
Bridge Club	Tibberton Village Hall	TF10 8PB	Tues	7:00pm - 9:30pm	01952 551022	
More Bridge	Tibberton Village Hall	TF10 8PB	Thurs	8:30pm	01952 551022	
TOWN CENTRE						
Knitting Group	Southwater Library 3rd Floor	TF3 4JG				Email
Wrekin Writers	Wrekin Housing Trust	TF3 4AW	Sat monthly	9:00am - 12:00pm	01952 405178	Email
Friends of Telford Town Park	Town Park Visitor Centre	TF4 3NZ	2nd Wed	12.00pm		http://friendsoftelfordtownpark.org/
MIND Calm Café	Meeting Point House	TF3 4HS	Tues & Thurs	5.00pm - 8.00pm	7436 869248	https://telford-mind.co.uk/calm-cafe/
TRENCH						
Yoga	Our Lady of the Rosary & St Luke Church Hall	TF2 7HG	Mon	7:00pm - 8:00pm	07790 006815	Email
Forum 50+ Friendship Group	W'rockwardine Wood & Trench Parish Council	TF2 7BQ	Thurs	10.30am - 12.00pm	07932 828333	Email
Trench Tuesday Club	W'dine Wood & Trench Labour Club	TF2 7JP	Tues	1:30pm - 3:30pm	01952 616274	

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
WATERS UPTON						
Yoga - Mixed Ability (not beginners)	Waters Upton Village Hall	TF6 6NZ	Weds	10:00am - 11:30am		https://www.janetevansyoga.co.uk/classes.php
WELLINGTON						
Art for Enjoyment	Wellington Methodist Church	TF1 1LU	Tues/Thurs	10:30am - 12:30pm	07970 709116	https://wellingtonmethodist.org.uk/community/art-group/
Art for Enjoyment	Wellington Methodist Church	TF1 1LU	Tues	1:30pm - 3:30pm	07970 709116	https://wellingtonmethodist.org.uk/community/art-group/
Wellington Library Poetry Group	Wellington Library	TF1 1LX	2nd Tues	3.00pm - 4.00pm	01952 382990	
Wrekin Arts Photographic Club	Belfrey Arts Centre	TF1 1GJ	Fri	8.00pm	01952 617170	http://wrekinartspc.com/
Wellington Civic Society	Civic Centre	TF1 1LX	1st Thurs	2:30pm	01952 254649	
RAF Association (Wrekin Branch)	Sir John Bayley Club	TF1 1QX	4th Tues	7:30pm -9:30pm	01952 502014	
Grace Church Wellington Fellowship	Wellington Library	TF1 1LX	Sun	11:00am - 12:30pm		
Wrekin Flower Club	Belmont Hall	TF1 1HJ	3rd Wed	12:30pm	01952 246712	https://www.nafasmnw.org.uk/wrekin-flower-club.html
Knit & Natter	Oliver Court	TF1 3BU	Mon	2.00pm - 4.00pm	01952 242402	
Stich in Time	Wellington Methodist Church	TF1 1LU	1st & 3rd Thurs	10:00am - 11:30am	01952 243923	
Telford Caledonian Society	New Street Methodist Church Hall	TF1 1LU	Weds	8:00pm	01952 820435	
Telford Salsa Beginners	Pussycats Night Club, 17 Tan Bank	TF1 1HJ	Thurs	7.30pm		https://uksalsafeet.com/Telford-Salsa-Classes.php
Telford Salsa Intermediates	Pussycats Night Club, 17 Tan Bank	TF1 1HJ	Thurs	8.45pm	07961 514074	https://uksalsafeet.com/Telford-Salsa-Classes.php
Fitness & Rhythm Group	Wellington Civic & Leisure Centre	TF1 1LX	Weds	2.30pm - 3.30pm	01952 825239	
The Wellington Theatre Company	Belfrey Theatre	TF1 1JG	Tue/Thurs	7:30pm - 9:30pm	01952 222277	http://www.belfreytheatre.com/
Various Fitness classes	Wellington Civic & Leisure Centre	TF1 1LX	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Fitness & Rhythm Group	Wellington Civic & Leisure Centre	TF1 1LX	Weds	2.30pm - 3.30pm	01952 825239	
Pilates	Wellington Civic & Leisure Centre	TF1 1LX	Thurs	12.15pm - 1.15pm	07961 383754	https://www.joburfitness.co.uk/fitness-classes
Pilates	Wellington Civic & Leisure Centre	TF1 1LX	Fri	10:00am - 11:00am	07961 383754	https://www.joburfitness.co.uk/fitness-classes
Bowring Runners	Bowring Park	TF1 1QX	Weds	5.00pm		
Wrekin Road Runners						https://www.wrekinroadrunners.net/
Various Swimming Sessions	Wellington Civic & Leisure Centre	TF1 1LX	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Yoga (Mixed ability inc beginners)	Belmont Hall	TF1 1LU	Thurs	6:30pm - 8.00pm		https://www.janetevansyoga.co.uk/classes.php
Sir John Bayley Bowling Club	Haygate Road	TF1 1QX			01952 242950	
Wrekinsport Cycling Club (Advanced)	Wellington Civic & Leisure Centre	TF1 1LX	Sun	9:30am		https://wrekinsport.org.uk/
Wrekinsport Cycling Club (Beginner)	Wellington Civic & Leisure Centre	TF1 1LX	Sun	9:30am		https://wrekinsport.org.uk/
Wrekinsport Cycling Club (Intermediate)	Wellington Civic & Leisure Centre	TF1 1LX	Sun	9:30am		https://wrekinsport.org.uk/
Telford Stags Walking Football (Over 50's)	AFC Telford United	TF1 2TU	Mon	9:45am - 11:00am	07469 875095	http://telfordstagswalkingfootball.co.uk/
Wrekin Golf Club (Seniors Section)	Wrekin Golf Club	TF6 5BX	Mon/Thurs	9:30am	01952 244032	https://www.wrekingolfclub.co.uk/
Canoe Club	Wellington Civic & Leisure Centre	TF1 1LX	Sun	4:00pm - 5:00pm	01952 382720	
Wrekin Sword Club	Wrekin College	TF1 3BH	Tues	8:00pm - 10:00pm	01952 265649	http://www.wrekinswords.co.uk/
Wellington Chess Club - online only					01952 247908	
Wellington History Group						https://wellingtonhistorygroup.wordpress.com/
Telford Railway Modellers Group	The Old Church Hall	TF1 3JP	Wed/Thurs	6:30pm - 10:00pm	01952 677792	https://trmg.webs.com/
Strategic Tactical Adventure Gaming Soci	Belmont Hall	TF1 1HJ	Fri	7:00pm - 10:00pm	01952 417747	

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Strategic Tactical Adventure Gaming Soci	Belmont Hall	TF1 1HJ	Every other Sun	10:00am	01952 417747	
Telford Stamp & Card Club	Belmont Hall	TF1 1HJ	2nd Mon	7:30pm - 9:30pm	01952 405458	
Telford College Community Courses	Haybridge Road	TF1 2NP			01952 642237	
Wellington U3A	Friends of Bowring Park	TF1 1QX	Thurs	2:00pm	01823 666767	https://www.wellingtonshropshireu3a.co.uk/welcome#!
Wellington Brass Band	Arleston Community Centre	TF1 2AB	Weds/Sun	7:30pm - 9:30pm	01952 252722	http://www.wellingtonband.org.uk/
Telfordaires Barbershop Chorus	Old Hall School	TF1 3LB	Weds	7:30pm	0845 4681618	https://www.facebook.com/Telfordaires
Wellington Jade Singers	Union Free Church Hall	TF1 3BA	Thurs	7:30pm - 9:30pm	07941 961461	https://www.facebook.com/Jadesingers
Wrekin Community Choir	Wrekin College	TF1 3BH	Weds	7:30pm	01952 265625	
Age UK Lunch Club	The Wickets Inn	TF1 2EB	2nd Wed	11.30am	01952 242907	
Food for Thought	Wellington Methodist Church	TF1 1LU	Thurs	12:15pm - 1:15pm	01952 243923	
Coffee Morning	Belmont Café - Belmont Hall	TF1 1LU	Tues	9:30am - 12:00pm	01952 255558	http://belmonthall.co.uk/whats-on/
Coffee Morning	Oliver Court	TF1 3BU	Weds	10:00am	01952 242402	
Coffee Morning	Wellington Methodist Church	TF1 1LU	Thurs/Sat	10:00am - 12:00pm	01952 243923	https://wellingtonmethodist.org.uk/
Belmont Club	Belmont Hall	TF1 1LU	Fri	11:30am - 4:00pm	01952 877409	http://belmonthall.co.uk/whats-on/
Ladies Group	Wellington Methodist Church	TF1 1LU	Weds	7:15pm	07817 668703	https://wellingtonmethodist.org.uk/
Oasis (Over 50's)	All Saints Parish Centre	TF1 3AP	4th Tues	2.00pm	01952 248554	
WOODSIDE						
Friendly faces	Park Lane Centre	TF7 5QZ	Mon	1.00pm - 3.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Tone & Trim	Park Lane Centre	TF7 5QZ	Mon	9.30am - 10.30am	01952 382621	
Madeley Court Bowls	Park Lane Centre	TF7 5QZ	Tues	1.00pm - 3.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Park Lane Bowls	Park Lane Centre	TF7 5QZ	Mon/Fri	2.30pm - 5.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Park Lane Bowls	Park Lane Centre	TF7 5QZ	Tue	7.00pm - 9.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Age UK Day Centre	Park Lane Centre	TF7 5QZ	Weds	10:00am - 1:00pm	01743 233123	
Knit & Knatter	Park Lane Centre	TF7 5QZ	Weds	2.00pm - 4.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Outdoor Gym Boot Camp	Park Lane Centre	TF7 5QZ	Weds	10.30am - 11.30am	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Yoga	Park Lane Centre	TF7 5QZ	Weds	7.00pm - 8.30pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Crafts Galore	Park Lane Centre	TF7 5QZ	Thurs	10.00am - 1.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Tea Dancers	Park Lane Centre	TF7 5QZ	Thurs	2.00pm - 4.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Gentle Yoga	Park Lane Centre	TF7 5QZ	Thurs	5.30pm - 7.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Well Beans Café	Park Lane Centre	TF7 5QZ	Thurs	1.30pm - 3.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
Activity 4 All	Park Lane Centre	TF7 5QZ	Fri	1.00pm - 2.00pm	01952 683700	http://www.parklanecentre.org.uk/3472-2/
WROCKWARDINE WOOD						
Various Fitness classes	Oakengates Leisure Centre	TF2 7AB	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/9/fitness_classes
Pilates	Wombridge Parish Centre	TF2 6HT	Tues	2.00pm - 3.00pm	07961 383754	https://www.joburtfitness.co.uk/fitness-classes
Lawley Running Club	Oakengates Leisure Centre	TF2 7AB	Mon	6.40pm		https://lawleyrunningclub.co.uk/
Various Swimming Sessions	Oakengates Leisure Centre	TF2 7AB	Various	Various		https://www.telfordandwrekinleisure.co.uk/info/4/swimming
Wrockwardine Wood Bowling Club	Church Road	TF2 7AQ			07870 405776	
Veterans Men Football	Oakengates Leisure Centre	TF2 7AB	Thurs	6.00pm - 7.00pm		

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Walking Netball	Oakengates Leisure Centre	TF2 7AB				https://bit.ly/3QMGISW
Prime Time Tennis - Full Court Tennis	Oakengates Tennis Club	TF2 7AB	Tues	2:00pm - 3:00pm	01952 274657	
Prime Time Tennis - Short Tennis	Oakengates Leisure Centre	TF2 7AB	Mon	5:00pm - 6:00pm	01952 274657	
Telford Athletics Club	Oakengates Leisure Centre	TF2 7AB	Tues, Thurs			
W'dine Wd & Trench Local History Group					01952 605391	
ONLINE						
Art for Enjoyment Zoom Session	Online		Weds	7.00pm	7971 709116	https://wellingtonmethodist.org.uk/community/art-group/
Online Fall Prevention Classes	Online		Mon	11.30am	07865 081598	https://fit4lifetelford.com/
Online Fall Prevention Classes	Online		Weds	10.00am	07865 081598	https://fit4lifetelford.com/
VARIOUS LOCATIONS						
Lions Clubs	Various					
Rotary Clubs	Various					https://www.rotarygbi.org/
Townswomen's Guilds	Various					https://www.the-tg.com/
Women's Institute	Various					https://www.thewi.org.uk/
Royal British Legion	Various					https://www.britishlegion.org.uk/
Probus Clubs	Various					https://www.probusonline.org/shropshire/
Fit4All Community Exercise Classes	Various				07456 505553	https://fit4allonline.co.uk/services/community-classes/
Walking for Health	Various				07512 123995	https://walkingforhealthtelfordandwrekin.org.uk/
Shropshire Wildlife Trust (Newport)	Various					https://www.shropshirewildlifetrust.org.uk/get-involved
Wrekin Retirement & Disabled Fishing Clu	Various				07468 580535	
Learn Telford	Various				01952 382888	http://www.learntelford.ac.uk/CourseSearch
Job Junction Sessions	Various				01952 382888	
WEA Courses	Various				0300 303 3464	https://www.wea.org.uk/
Free IT Drop In at Telford Libraries	Various			11.00am - 1.00pm		https://bit.ly/2IWL0WR
ART						
Painting & Drawing						
Photography						
ASSOCIATIONS						
Civic Societies						
Lions, Rotary, Townswomen's Guilds & WI's						
Military Associations						
Other						
CRAFTS						
Flower Crafts						
Knitting & Crochet						
Textile Crafts						
Woodwork						
DANCE						

Club/Class/Group	Venue	Postcode	Day	Time	Phone	Web/email
Ballroom						
Dance Fitness						
Line Dancing						
Sequence Dance						
DRAMA, BOOK CLUBS & WRITING						
Drama						
Book Clubs						
Writing						
FITNESS & SPORT						
General Fitness						
Aerobics						
Dance Fitness						
Gym						
Legs, Bums & Tums						
Pilates						
Running						
Seated Exercise						
Swimming						
Tai Chi						
Walking						
Yoga						
Zumba						